

# The Main Theme for the Romp in the Swamp is to Celebrate the Spring Lacrosse Season with a Fun Day of Lacrosse

• By attending the Romp, all programs certify that all players and all coaches are current members of US Lacrosse, and that players are properly equipped as per NJJLL rules. • All games are 25 minutes long. All games will start and end on time. The game clock is managed by a central horn.

• There are no time-outs and no overtime/braveheart. • Substitutions will only be made on the fly, except in the case of penalties. • Face-off to start the game. After goals, goalie will clear the ball to restart. • Four goal mercy rule will be used – Free clears after team is down by four goals or more. • 5<sup>th</sup> grade and up will have time-serving penalties. Coaches are to keep penalty time. • 3<sup>rd</sup> grade is 7v7 and 4<sup>th</sup> grade is 10v10, will use one pass rule as per NJJLL rules. • 2<sup>nd</sup> grade is 7v7, will use one pass rule, and will have one licensed official per game. No coaches are permitted on the field during play.

• Unless noted here, NJJLL rules are to be followed. NJJLL rules can be found at www.njlacrosse.com • The NJJLL and US Lacrosse codes of conduct are followed. Unsportsmanlike behavior by coaches, players, or spectators will not be tolerated.